Resort

NEWSLETTER

度假村資訊

26 / 10 – 8 / 11 / 2026



ARTYZEN

GRAND SPA MACAU

澳門雅辰酒店

ACTIVITIES SCHEDULE • 活動時間表

26/10	27/10	28/10	29/10	30/10	31/10	1/11
MON	TUE	WED	THU	FRI	SAT	SUN
Tai Chi 太極 (Mr. Chau) **7:30am - 8:30am**	Yoga Wheel 瑜伽輪 (Yoga Light) **7:30am - 8:30am**	Basic Yoga 基礎瑜伽 (Yoga Light) **7:30am - 8:30am**	Slow Vinyasa 慢流瑜伽 (Yoga Light) 7:30am - 8:30am	Morning Vinyasa Yoga 早上流瑜伽 (Yoga Light) 7:30am - 8:30am	Tai Chi 太極 (Mr. Chau) **7:30am - 8:30am**	
Wing Chun (Form of Martial Arts) 詠春 (Mr. Chau) **8:30am - 9:30am**	Hip & Shoulder Opening 開髖及開肩瑜伽 (Yoga Light) **9am - 10am**	Tai Chi 太極 (Mr. Chau) **8:30am - 9:30am**	Stretch & Relax 放鬆伸展 (Yoga Light) **9am - 10am**	Tai Chi 太極 (Mr. Chau) **8:30am - 9:30am**	Fan Class 扇班 (Mr. Chau) **8:30am - 9am**	
		Wing Chun (Form of Martial Arts) 詠春 (Mr. Chau) **9:30am - 10am**		Wing Chun (Form of Martial Arts) 詠春 (Mr. Chau) **9:30am - 10am**	Gentle Yoga 温和瑜伽 (Yoga Light) **10:15am - 11:15am**	Glutes Class 臀肌訓練 (Prince) **10:15am – 11:15pm**
		Core Workout 核心鍛鍊 (Prince) **11:00am – 12:00pm**	Zumba 森巴舞 (Yoga Light) **11:00am – 12:00pm**		Yin Yoga 陰瑜伽 (Yoga Light) **11:30am - 12:30pm**	Yoga Wheel 瑜伽輪 (Yoga Light) **11:30am - 12:30pm**
Tabata Training 間歇訓練 (Josephine) **1:15pm - 2:15pm**	Stretching 伸展訓練 (Josephine) **1:15pm - 2:15pm**		Yoga 瑜伽 (Joe Ma) **1:15pm - 2:15pm**	Yin Yoga 陰瑜伽 (Yoga Light) **1:15pm - 2:15pm**		
Cardio Kick Boxing 拳擊健美 (Joe Ma) **6:30pm - 7:30pm**	Hatha Yoga 哈達瑜伽 (Yoga Light) **6:30pm - 7:30pm**	Aerobics 健康舞 (Joe Ma) **6:30pm - 7:30pm**	Gentle Yoga 温和瑜伽 (Yoga Light) **6:30pm - 7:30pm**		Steps & Weights 踏板及啞鈴健身 (Joe Ma) **4:30pm - 5:30pm**	

2/11	3/11	4/11	5/11	6/11	7/11	8/11
MON	TUE	WED	THU	FRI	SAT	SUN
Tai Chi 太極 (Mr. Chau) **7:30am - 8:30am**	Hatha Yoga 哈達瑜伽 (Yoga Light) **7:30am - 8:30am**	Basic Yoga 基礎瑜伽 (Yoga Light) **7:30am - 8:30am**	Slow Vinyasa 慢流瑜伽 (Yoga Light) **7:30am - 8:30am**	Morning Vinyasa Yoga 早上流瑜伽 (Yoga Light) **7:30am - 8:30am**	Tai Chi 太極 (Mr. Chau) **7:30am - 8:30am**	
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		Core Workout 核心鍛鍊 (Prince) **11:00am – 12:00pm**	Zumba 森巴舞 (Yoga Light) **11:00am – 12:00pm**		Basic Yoga 基礎瑜伽 (Yoga Light) **11:30am - 12:30pm**	Hatha Yoga 哈達瑜伽 (Yoga Light) **11:30am - 12:30pm**
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* Activities schedule is subject to change without prior notice.
以上活動如有更改，恕不另行通知。

The Resort

Activity Calendar | 活動表

November • 十一月

MON 星期一	TUE 星期二	WED 星期三	THU 星期四	FRI 星期五	SAT 星期六	SUN 星期日
						1 3pm – 5pm Banana muffins 香蕉鬆餅
2 3pm – 5pm Wood Crafting 木藝	**3** 3pm – 5pm Jar Decoration 瓶子裝飾	**4** 3pm – 5pm Beads Creation 珠仔創作	**5** 3pm – 5pm Wood Crafting 木藝	**6** 3pm – 5pm Flower Pot Decorating 花盆裝飾	**7** 3pm – 5pm Marble cake 大理石蛋糕	**8** 3pm – 5pm Bread pudding 麵包布甸
9 Closed 休息	**10** 3pm – 5pm Ceramic Painting 陶瓷畫	**11** 3pm – 5pm Flower Pot Decorating 花盆裝飾	**12** 3pm – 5pm Cd Craft CD 裝飾	**13** 3pm – 5pm T-shirt Painting T 恤畫	**14** 3pm – 5pm Flower Pot 花盆	**15** 3pm – 5pm Ceramic Painting 陶瓷畫
16 Closed 休息	**17** 3pm – 5pm Mask Making 面具製作	**18** 3pm – 5pm Treasure Box Craft 藏寶箱製作	**19** 3pm – 5pm Wood Decoration 裝飾木材	**20** 3pm – 5pm Jar Decoration 罐子裝飾	**21** 3pm – 5pm Banana Muffins Baking 香蕉鬆餅烘焙	**22** 3pm – 5pm Pineapple Butter Cake Baking 菠蘿牛油蛋糕烘焙
23/30 Closed 休息	**24/30** 3pm – 5pm Apron Designing 圍裙設計	**25** 3pm – 5pm Cd Craft CD 裝飾	**26** 3pm – 5pm T-shirt Painting T 恤畫	**27** 3pm – 5pm Popsicle Stick Crafting 雪條棒工藝坊	**28** 3pm – 5pm Spring Roll Cooking Session 春卷製作班	**29** 3pm – 5pm Cd Craft CD 裝飾

Crafts & Games 手工藝及遊玩班 | MOP澳門幣 **160** (per child 每位小童)

Cooking Class 廚藝班 | MOP澳門幣 **200** (per child 每位小童)

Terms and Conditions Apply 條款及細則適用

All activities are suitable for children aged 4 – 14 所有活動均適合4 – 14歲小童參與

Advance reservation is required 所有活動需提前預約

A minimum of 4 kids are required for cooking class 廚藝班需至少4名小童方可開班

All activities are subject to change without prior notice 所有活動如有更改，恕不另行通知

All prices are subject to 5% tourism tax (when applicable) 以上價目需另加5%旅遊稅 (如適用)

T +853 8793 4820

Kids Co.



HALLOWEEN SERIES 萬聖節系列：

SPOOKY PET & BUFFET PARTY
嘩鬼萌寵自助派對

BENEFICIARY 受惠機構：

人人流浪狗 澳門義工團 ESDMVG

Celebrate Halloween with your furry companion over an evening of spooky fun, great food and memorable snap shots. For every participating adult, the hotel will donate 10% of the adult buffet price to ESDMVG.

萬聖節帶同萌寵一同扮鬼扮馬，投入滿載驚喜的晚上，開餐、打卡、傳遞愛心。每位成人參與，酒店即捐出成人自助餐價格的 10% 予人人流浪狗澳門義工團。

30 / 10 / 2026 • *6:30pm – 9:30pm*

Naam Garden 濼花園

The Halloween fun continues on 31 October, with the traditional Grill Buffet Bash.
10 月 31 日，嘩鬼燒烤自助之夜狂歡延續

MOP 澳門幣 **348**+ (per adult 每位成人)

MOP 澳門幣 **178**+ (per child 每位小童 aged 6 – 12 歲)

Seniors, Boa Vida members, Resort Members, and TEE members can enjoy exclusive discount
長者、尊尚會員、度假村會員及東住嘩會員等享專屬優惠

Enjoy 20% Early Bird discount on or before 25 Oct (non-refundable full payment)
於 10 月 25 日或之前，享受 8 折早鳥優惠（需付不予退還的全額款項）

PET REGISTRATION
寵物登記

Pet snacks available 備有寵物小食

- Complimentary admission to Haunted House 免費體驗鬼屋
- Dress up for the Best Costumes Award 最佳萬聖節裝扮獎

DISCOVER MORE
探索更多

ARTYZEN
GRAND LAPA MACAU
澳門麗景酒店

T +853 2856 7888/8793 4818

Terms and Conditions Apply 條款及細則適用

Exclusive of mixing of alcoholic beverages with alcohol strength greater than 1.2% by volume
The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. A venda ou disponibilização de bebidas alcoólicas a menores de 18 anos é proibida.
禁止向未滿 18 歲人士銷售或提供酒精飲料



HALLOWEEN SERIES 萬聖節系列：

GRILL BUFFET BASH
嘩鬼燒烤自助之夜

A night of spooky fun on The Lawn. Come in costume, enjoy the thrilling grill buffet, dare to enter the haunted house, and let the little ones enjoy frightfully fun Halloween activities all night long!
齊齊扮鬼扮馬，換上應節造型，盡情投入炭火燒烤盛宴，勇闖神秘鬼屋，
讓小朋友在星空下盡情玩轉連場萬聖節驚喜，玩足一整晚！

31 / 10 / 2026 • *6:30pm – 9:30pm*

The Lawn 戶外草坪

The Halloween fun begins on 30 October, with the Spooky Pet & Buffet Party.
10 月 30 日，嘩鬼萌寵自助派對率先登場

MOP 澳門幣 **418**+ (per adult 每位成人)

MOP 澳門幣 **208**+ (per child 每位小童 aged 6 – 12 歲)

Seniors, Boa Vida members, Resort Members, and TEE members can enjoy enclusive discount
長者、尊貴會員、度假村會員及金佳璟會員尊享專屬優惠

Enjoy 20% Early Bird discount on or before 25 Oct (non-refundable full payment)
於 10 月 25 日或之前，即享 8 折早鳥優惠（需付不予退還的全額款項）

- Complimentary entry to Haunted House 免費參觀鬼屋
- A series of Halloween activities by Kids Co. 兒童中心特備一連串萬聖節童趣活動
- Dress up for a chance to win the Best Costumes Award 換上最佳造型，競逐萬聖節裝扮獎

DISCOVER MORE
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ARTYZEN
GRAND LAPA MACAU
澳門雅茵酒店

T +853 2856 7888/8793 4818

Terms and Conditions Apply 條款及細則適用

Beverages with alcohol strength greater than 10% vol. 酒精濃度超過 10% 的酒精飲品

Excessive or risky alcohol beverages is harmful to health. Consumir bebidas alcohólicas en exceso o de forma arriesgada es perjudicial para la salud. 過量或危險飲酒有害健康

The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. A venda ou disponibilização de bebidas alcoólicas a menores de 18 anos é proibida.

禁止向18歲（含）以下人士銷售或提供酒精飲料



HALLOWEEN SERIES 萬聖節系列：

KIDS CO. SPOOKTACULAR CARNIVAL 搞怪嘉年華

Calling All Little Monsters ! Join us for a spooky Halloween Carnival packed with fresh popcorn and tasty light snacks, bouncy castle and slide, a thrilling Haunted Room adventure, DIY candy bag workshop, the "Grab the Eyeball" game with great prizes, and Trick or Treat !

召集所有小魔怪！齊來參與萬聖節搞怪年華，盡享美味爆谷與精緻點心、充氣城堡滑梯、刺激鬼屋探險、DIY自製糖果袋、贏取大獎的捉眼球遊戲，以及不給糖就搵蛋的樂趣！快來一起狂歡吧！

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31 / 10 / 2026 · 2:30pm – 5:30pm

Resort Members and Hotel Guests 度假村會員及酒店住客	MOP 澳門幣 **220+** (per child 每位小童)	**Visitors** 訪客	MOP 澳門幣 **230+** (per child 每位小童)

Kids Co.

For enquiries or reservations, please contact Kids Co.
查詢或報名，歡迎致電兒童中心

T +853 8793 4820 **E** kidsco.gim@artyzenhotels.com

Terms and Conditions Apply 條款及細則適用
Prices are subject to 5% Tourism Tax 價錢需另加5%旅遊稅
Activities are suitable for children ages 4 – 12 and advance booking is required 活動適合4至12歲小童參加及需預先報名

DISCOVER MORE 發現更多

TILE PAINTING COMPETITION
瓷磚繪畫比賽

What's Outside Your Window
放眼窗外世界

Call For Artists 召集藝術家 | Enrol and Submit Now! 現在接受報名！

Registration and Submission Deadline
報名及截止徵件日期 **8 / 11 / 2026**

No entry fee 免報名費

Reward value over 獎賞超過
MOP 澳門幣 **100,000**

BOA VIDA
美好生活 • 繪畫比賽



ARTYZEN
GRAND LAPA MACAU
澳門漾酒店

Contact us 聯絡我們：
E Marcom.glm@artyzenhotels.com
T +853 2856 7888

DISCOVER MORE 探索更多

REGISTER AND DETAILS 報名及詳情

TILE PAINTING COMPETITION
瓷磚繪畫比賽

What's Outside Your Window • 放眼窗外世界

At Artyzen Grand Lapa Macau, our team warmly welcomes guests from around the globe every day. We take pride in sharing our rich local culture while embracing the cultures of our guests. Everyone sees the world through a unique lens.

Under the theme "What's Outside Your Window," we invite everyone to use tiles as a canvas and paint their world. Where tiles become the medium and art sets the context, cultures seamlessly converge. Selected works will be displayed on this year's Christmas tree at Artyzen Grand Lapa Macau.

澳門雅辰酒店每天熱情接待來自世界各地的賓客，我們樂於分享本地文化，同時擁抱賓客帶來的多元文化。每個人看世界的角度都獨一無二。

以「放眼窗外世界」為主題，誠邀大家以瓷磚為畫布，繪出眼中的世界。以瓷磚為媒，以藝術為語境，讓多元文化在此交融。入選作品將於今年澳門雅辰酒店聖誕樹上展出。

Submit your best piece to Artyzen Grand Lapa Macau concierge before 8 / 11 / 2026.
2026 年 11 月 8 日前將您最佳的作品提交給澳門雅辰酒店禮賓部。

Registration and Submission Deadline
報名及截止徵件日期：**8 / 11 / 2026**

No entry fee 免報名費

CATEGORIES 組別：PROFESSIONAL 專業, OPEN 公開, CHILDREN 兒童 (below 16 歲以下)

AWARDS 獎項：GRAND PRIZE 總冠軍, Champion 冠軍, First Runner-up 亞軍, Second runner-up 季軍, Excellence Awards 優異獎 and Artyzen Special Award 雅辰特別獎

GRAND PRIZE 總冠軍 (1 winner 名)	Two-night stay in ANY of the Artyzen Properties (choice of winner) with breakfasts, Macau Tower SkyWalk experience, 1-month Resort Membership, Café Bela Vista Portuguese set dinner and 120-Minute Spa experience 於任何一間雅辰酒店住宿兩晚（由得獎者選擇）連早餐，澳門旅遊塔空中漫步體驗，一個月度假村會籍，葡京閣餐廳葡式套餐晚餐及 120 分鐘水療療程

Other rewards included 其他獎品包括：
Artyzen Hotel Group Accommodation Vouchers, Dining Vouchers, Memberships, souvenirs and more
雅辰酒店集團住宿禮券、餐飲禮券、會籍及紀念品等

All winners will receive 所有獲獎者皆可獲得：
Award certificate issued by Artyzen Grand Lapa Macau and Little Chin Plush Toy souvenir
澳門雅辰酒店頒發官方認證得獎證書及紀念品-錢小辰

Participation Prize 參與獎：
Resort day pass (1-day access to Artyzen Grand Lapa Macau's Resort facilities)
度假村一日通行證（可享用澳門雅辰酒店度假設施）

BOA VIDA
美好生活 • 繪畫比賽

ARTYZEN
GRAND LAPA MACAU
澳門雅辰酒店

Contact us 聯絡我們：

E Marcom.glm@artyzenhotels.com

T +853 2856 7888

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REGISTER AND DETAILS 報名及詳情

ARTYZEN
GRAND LAPA MACAU
GRAND PRIX
2026

73rd MACAU GRAND PRIX *live*

澳門格蘭披治大賽車



Witness the thrill
Live at Artyzen Grand Lapa Macau
澳門雅辰酒店零距離現場感受賽馳

ALL DAY BBQ BUFFET

at Friendship Terrace overlooking the Racing Circuit

友誼平台全日自助餐 • 俯瞰賽道

Enjoy front row views of the Macau Grand Prix paired with world-class gastronomy.
Feel the excitement of high-speed thrills and legendary racing heritage.
置身賽道最前線，感受澳門格蘭披治大賽車的速度與激情，
同時盡享環球美食，見證傳奇一刻。



Boa Vida Lifestyle and Resort members exclusive rate
Boa Vida 尊尚會員及度假村會員尊享價目

MOP 澳門幣 **1,488**++ (per adult 每位成人)

MOP 澳門幣 **788**++
(per child 每位小童 6 – 12 years old 歲)

21 – 22 / 11 / 2026 • 9am – 6pm

T +853 2856 7888

Terms and Conditions Apply 條款及細則適用

DISCOVER MORE
探索更多

Beverages with alcohol strength greater than 10% vol. 酒精含量高於 10% 的酒精飲品
Excessive drinking of alcoholic beverages is harmful to health. Consume beverages alcoólicas em excesso prejudica a saúde. 過量飲酒有害健康
The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. A venda ou oferta de bebidas alcoólicas a menores de 18 anos é proibida. 不上述未滿十八歲人士銷售或提供酒精飲品

ARTYZEN
GRAND LAPA MACAU
GRAND PRIX
2026

73rd MACAU GRAND PRIX *live*

澳門格蘭披治大賽車



Witness the thrill
Live at Artyzen Grand Lapa Macau
澳門雅辰酒店零距離現場感受飛馳

GRAND PRIX GETAWAY
WITH ROOM AND ALL DAY BBQ BUFFET
at Friendship Terrace overlooking the Circuit

2 FREE DRINK COUPONS PER PERSON

住宿套票連友誼平台全日自助餐・一覽賽道和盡享風馳

Experience the Macau Grand Prix moments with an exclusive getaway package featuring 1-night accommodation and an all-day BBQ buffet at Friendship Terrace.
澳門格蘭披治大賽車限定獨家住宿體驗，
尊享一晚住宿及友誼平台全日燒烤自助餐。



From MOP 澳門幣 **2,388**++ 起 (per night 每晚)

For Bookings 預訂日期 : **Now Till 即日起至 6 / 11 / 2026**
For Stays 入住日期 : **20 – 22 / 11 / 2026**

T +853 8793 3761
E reservations.glm@artyzenhotels.com

Terms and Conditions Apply 條款及細則適用

ARTYZEN
GRAND LAPA MACAU
GRAND PRIX
2026

73rd MACAU GRAND PRIX *live*

澳門格蘭披治大賽車



Witness the thrill
Live at Artyzen Grand Lapa Macau
澳門雅辰酒店零距離現場感受飛馳

TRACKVIEW ROOM STAY
with CHAMPAGNE AND BREAKFAST
賽道景觀住宿連香檳及早餐

From MOP 澳門幣 **1,660**++ 起

For Bookings 預訂日期 :
Now Till 即日起至 31 / 10 / 2026
For Stays 入住日期 : **19 – 22 / 11 / 2026**



T +853 8793 3761
E reservations.glm@artyzenhotels.com

DISCOVER MORE
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Terms and Conditions Apply 條款及細則適用
A complimentary bottle of Moët & Chandon Brut Impérial Champagne per room 每間房贈送1瓶 Moët & Chandon Brut Impérial 香檳

Beverage with alcohol strength greater than 10% vol 酒精含量高於10%的飲品
Payment will be charged to the cardholder's account at the time of redemption. Please refer to the terms and conditions of the relevant card issuer for details. 信用卡將於兌換時扣賬。詳情請參閱相關信用卡發卡機構的條款及細則。
The sale or supply of alcoholic beverages to persons under the age of 18 is prohibited. A venda ou disponibilização de bebidas alcoólicas a menores de 18 anos é proibida. 禁止向未滿十八歲人士銷售或提供酒精飲料



ROAM & FLY
AFTERNOON DELIGHTS
重返童趣限定下午茶

Adding another dimension to the 'ROAM IN PLAY and WE CAN FLY' exhibition by Au Chon Hin experience at Amagao Gallery, Café Bela Vista presents an afternoon tea set experience inspired by his creation, featureing vibrant savouries and dreamlike sweet treats. This pairing brings together a playful experience, continuing the journey from looking and touching to playing and tasting.

為歐俊軒於 Amagao 藝廊的《構玩樂園・重返童趣的奇幻場景》展覽增添另一層體驗，香景閣於展期內呈獻以其作品為靈感的限定下午茶，以繽紛鹹點與夢幻甜品帶您放飛想像，延續從觀賞與獨樂，延伸至玩樂與品嚐的奇幻旅程。

MOP 澳門幣 **128+** (for person 每位)

Now Till 即日起至 2026 / 11 / 1
24 hours advance reservation is required. 需提前 24 小時預訂。

Resort members discount applies
適用於度假村會員折扣優惠

T +853 8793 3871

Terms and Conditions Apply 條款及細則適用

AMIA GAO GALLERY

澳門 1844 macau 攝影藝術空間 espaço de arte fotográfica

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Autumn Aroma Renewal
秋日芳香煥活之旅

Start your wellness journey by choosing a calming aroma to soothe and centre the mind. As its delicate fragrance unfolds, our therapists' rhythmic, palm-warmed oil massage techniques deeply release muscular tension and melt away the stresses of a long day.
以挑選一款舒緩香氣，展開您的療癒之旅。隨著細緻芳香徐徐散發，理療師以掌心溫熱的按摩油，配合富節奏感的手法，深入舒緩肌肉緊繃，釋放累積一整天的壓力與疲憊。

	Original Price 原價	Promotion Price 尊享優惠
60 minutes / 分鐘	MOP 澳門幣 1,200++	MOP 澳門幣 699++ (per person 每位)
	MOP 澳門幣 2,400++	MOP 澳門幣 1,288++ (for 2 persons 兩位)
90 minutes / 分鐘	MOP 澳門幣 1,600++	MOP 澳門幣 988++ (per person 每位)
	MOP 澳門幣 2,800++	MOP 澳門幣 1,688++ (for 2 persons 兩位)

Add MOP 299++ for extra 30 minutes hot bath or body scrub / eye treatment
附加 299++ 可額外享受 30 分鐘熱水浴，或身體磨砂 / 眼部護理療程

Add MOP 550++ to extend your massage by an extra 30 minutes
附加 550++ 可額外享受 30 分鐘身體按摩

Privileges 尊享禮遇：

- Enjoy hot butterfly pea tea after your treatment 完成護理療程後可享一杯熱蝶豆花茶
- 15% discount for all spa products 所有水療護理產品 85 折優惠

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T +853 8793 4824 / 8793 4800

Terms and Conditions Apply 條款及細則適用
Promotion until 推廣期至 30 / 11 / 2026

ARTYZEN
澳門雅思居



PERSONAL FITNESS TRAINING
WITH PRINCE BERNAL
私人健身課程

Our certified trainer creates bespoke programs. Designed for discerning guests and professionals seeking stress management, mobility enhancement, injury prevention, or just to feel better, each session adapts to your needs — from gentle conditioning to dynamic personal training. Includes body composition analysis with optional spa and nutrition consultations.

在認證教練 PRINCE BERNAL指導下達成健康目標。為追求卓越生活的賓客及商旅精英設計個人化課程。無論是壓力管理、靈活度提升、運動損傷預防或提升舒適感。課程將根據您的需求調整——從舒緩調理至活力訓練，並附體脂分析及尊選水療營養諮詢服務。

	1 session 課程	10 sessions 課程	20 sessions 課程	30 sessions 課程
Resort Members Only (MOP) **僅限度假村會員**（澳門幣）	**550+**	**5,000+**	**8,000+**	**10,000+**
Visitors (MOP) **訪客**（澳門幣）	**650+**	**6,000+**	**10,000+**	**13,000+**
Complimentary Body Composition Analysis (Sessions) **免費身體成分分析測試**（次數）	**1**	**2**	**3**	**4**

The Resort

T +853 8793 4800

Terms and Conditions Apply 條款及細則適用

Each session is 60 minutes 每節課堂為 60 分鐘

Suitable for guests aged 16 and above 適合16歲或以上客人

Advance booking is required 需提前預約

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The Spa

Singing Bowl Healing Journey
頌缽療癒之旅

Step into an exclusive healing journey that combines sounds therapy and body massage to regulate energy flow, balance well-being, and relax the body and mind. Singing bowls are placed on the body's chakras, emitting harmonic tones and vibrations that calm the biofields. A full body massage follows, relieving muscle fatigue, and the treatment concludes with resonant sounds to achieve a state of rejuvenation.

體上一場調節能量流的頌缽之旅，融合聲波療法與身體按摩，調節體內能量流動，平衡及療活身心。
體驗頌缽放置在身體的脈輪上，透過和諧的聲波與振動舒緩能量場，隨後進行全身按摩，
舒緩肌肉疲勞並以頌缽聲響作結，身心得以放鬆。

90 minutes / 分鐘 | MOP 澳門幣 1,380++ (per person 每位)

T +853 8793 4824

Terms and Conditions Apply 條款及細則適用

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ARTYZEN
GRAND | SPA MACAU
澳門雅崧酒店



TENNIS CLASSES **AT ARTYZEN**
雅辰網球課程

Elevate your game with private or group coaching, tailored for all skill levels and ages. Our coach blends technical precision with joyful energy to transform every session into a skillful play.
網球教練為不同年齡與技術階段定制私人或團體訓練，將全面球技與躍動節奏完美結合，
讓每節課程成為效率鍛鍊網球運動的暢快體驗。

Group Class (2 – 4 persons / per class)
團隊班 (2 – 4人 / 每班)

MOP 淨價澳門幣 **450** nett per hour 每小時 (per person 每位)

Private Class
私人教練班

MOP 淨價澳門幣 **800** nett per hour 每小時 (per person 每位)

Enjoy 10% discount on 10-lesson bundle package
尊享10節課程套餐9折優惠

The Resort

T +853 8793 4800

Terms and Conditions Apply 條款及細則適用

In case of unavoidable bad weather, the tennis class will be cancelled and rescheduled.
遇不可抗拒惡劣天氣，網球課將會取消和另行安排時間

Advance booking is required 需提前預約

Complimentary 2-hour parking 免費停車 2 小時

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From ART *to* HEART



MEET LITTLE CHIN！
藝遊旅伴・「錢小辰」萌趣登場

Meet **Little Chin**, the charming new friend of Artyzen Grand Lapa Macau, a joyful tribute to the legacy of English painter George Chinnery. From a collectible plush toy and kids' amenities bag to a specially curated city walk map, this new collection invites families and travellers of all ages to rediscover Macau's art-filled journey.

澳門雅辰酒店迎來全新藝遊好友「**錢小辰**」，以童趣邂逅文化，延續英國畫家喬治·錢納利的藝術情懷。帶上萌趣毛公仔、小童用品收納袋及城市文化漫步導覽地圖，讓這位新好友陪伴一家大小及文青旅客，展開一趟探索澳門藝文風韻的旅程。

ARTYZEN
GRAND LAPA MACAU
澳門雅辰酒店

VIEW VIDEO
瀏覽視頻

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Heritage Meets Flavour



葡澳傳韻 佳味匯聚

Crispy Deboned Suckling Pig, Garlic-Black Pepper Sauce,
Potato Chips and Orange
脆皮無骨乳豬配蒜香黑椒醬，薯片及香橙

Resort members discount applies 適用於金殿超豪會員折扣優惠

T +853 8793 3871



MOP
淨價 澳門幣
428 nett
for
2 persons 位

MARKET LUNCH DELIGHTS
饗午悠閒盛宴

Exquisite seasonal Macanese and Portuguese creations by the Chef Jaime, with rotating selection of main courses. Featuring Iberian pork ribs, traditional baked duck rice, and a keto option daily . Semi-buffet served with salad bar, appetisers, soup, freshly-made panini and desserts.

首席廚主廚 Jaime 匠心呈獻時令澳葡美饌，主菜每日輪替，精選伊比利亞豬肋骨、葡國傳統鴨絲焗飯，並增設生酮菜式選擇。半自助餐配以精緻沙律吧、精選前菜、暖心熱湯及即製意式三文治，搭配匠心甜品。

MOP 澳門幣 **238+** (per person 每位)

MOP 澳門幣 **119+** (per child 每位小童)

MOP 澳門幣 **198+** without main course 不附帶主菜 (per person 每位)

Supplement of MOP 30+ to upgrade to a glass of iced coffee, iced lemon tea, chilled juices or soft drinks
附加澳門幣 30+ 升級，可享一杯凍咖啡、凍檸檬茶、果汁或汽水

Supplement of MOP 38+ for a glass of house red or white wine
附加澳門幣 38+，可享一杯精選紅葡萄酒或白葡萄酒

Resort members discount applies 適用於渡假村會員折扣優惠

T +853 8793 3871

Terms and Conditions Apply 條款及細則適用

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ARTYZEN JOURNEY
AFTERNOON TEA SET
雅韵辰宴 下午茶套餐

Embark on an Artyzen Journey with signature bites from Artyzen Grand Lapa Macau's restaurants. Featuring Portuguese, Cantonese and Thai flavours, served with caviar, crab salad, Wagyu beef tartare, herb cone and molten lava cheese tart.

踏上雅辰珍味巡禮之旅，品嚐澳門雅辰酒店餐廳的精選招牌美點，匯聚葡式、粵式及泰式風味，並配上鱘魚子醬、蟹肉沙律、和牛他他香草甜筒及熔岩芝士撻，臻享美好時光。

MOP 澳門幣 **398+** (for 2 persons 兩位)

Resort members discount applies 適用於度假村會員折扣優惠

T +853 8793 3871

Terms and Conditions Apply 條款及細則適用

Now available at Vasco Bar and Lounge. A 5% tourism tax applies for orders placed at this ou

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SAVOUR PORTUGAL

A SET DINNER TO REMEMBER

尋味葡萄牙韻 · 匠心晚宴

Enjoy authentic Portuguese cuisine crafted by Chef Jaime Pedroso, featuring tender braised wagyu beef cheek and a Portuguese cheese platter. Complete your experience with a glass of selected Portuguese red or white wine.

由葡籍主廚 JAIME PEDROSO 匠心主理，呈獻正宗葡式晚宴。精選慢煮和牛面頰肉與葡萄牙芝士拼盤，再配上一杯精選葡萄牙紅酒或白酒，美滿共享葡式經典。

5-Course Menu 五道菜 ： MOP澳門幣 **378+**

4-Course Menu 四道菜 ： MOP澳門幣 **348+**

3-Course Menu 三道菜 ： MOP澳門幣 **308+**

2-Course Menu 二道菜 ： MOP澳門幣 **228+**

(per person 每位)

MONDAY TO THURSDAY 星期一至四

Seniors enjoy up to 30% discount; Boa Vida members and others discounts apply
長者尊享低至7折優惠；尊尚會員及其他折扣禮遇適用

Resort members discount applies適用於度假村會員折扣優惠

T +853 8793 3871

Terms and Conditions Apply 條款及細則適用

DISCOVER MORE
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Beverage with alcohol strength greater than 10% vol 酒精含量多於 10% 的酒精飲品

Parent we drinking of alcoholic beverages is harmful to health. Consumir bebidas alcohólicas em excesso prejudica a saúde. 過量飲酒或有害健康

The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. A venda ou o fornecimento de bebidas alcoólicas a menores de 18 anos é proibida. 禁止向未滿十八歲人士售賣或提供酒精飲料



BUY 4
GET 1 FREE
★★★★★
尊享買
4送1

SURF & TURF
WEEKEND DINNER BUFFET
海陸盛宴・週末自助晚餐

Enjoy a surf and turf feast with chilled Boston lobster and abalones, complemented by expertly grilled Wagyu beef. Conclude with artisanal desserts and freshly made hand-rolled fondant waffle cones. The perfect way to spend a relaxing weekend moment.
盡享海陸盛宴，細嚐冰鎮波士頓龍蝦、鮑魚及香烤和牛。搭配精緻甜品與現場手作軟心窩夫脆筒。享受悠閒的週末時光。

Free flow of beer, soft drinks, coffee and tea included.
無限暢飲啤酒、汽水、咖啡及茶

MOP 澳門幣 **398+** (per adult 每位成人)
MOP 澳門幣 **198+** (per child 每位小童)

EVERY FRIDAY TO SUNDAY 逢星期五至日

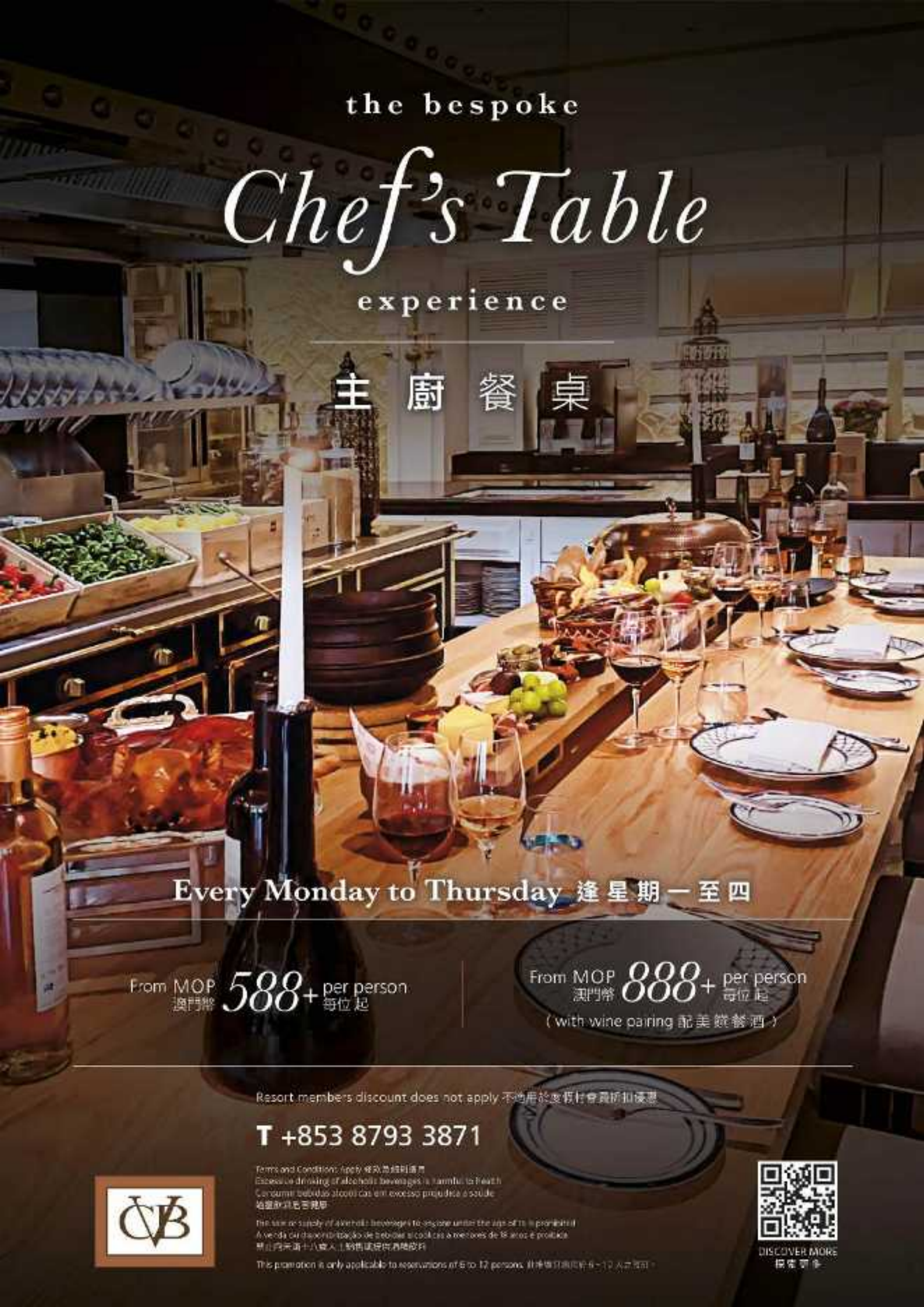
Seniors enjoy up to 30% off 長者尊享低至 7 折優惠
Boa Vida members and other privileges apply 尊尚會員及其他折扣禮遇適用

Resort members discount applies適用於度假村會員折扣優惠

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Terms and Conditions Apply 條款及細則適用

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the bespoke
Chef's Table
experience
主廚餐桌
Every Monday to Thursday 逢星期一至四
From MOP 澳門幣 588+ per person 每位起
From MOP 澳門幣 888+ per person 每位起
(with wine pairing 配美饌餐酒)
Resort members discount does not apply 不適用於度假村會員折扣優惠
T +853 8793 3871
Terms and Conditions Apply 條款及細則適用
Excessive drinking of alcoholic beverages is harmful to health
Consumir bebidas alcoólicas em excesso prejudica a saúde
過量飲酒危害健康
The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited
A venda ou fornecimento de bebidas alcoólicas a menores de 18 anos é proibida
禁止向未滿十八歲人士銷售或提供酒精飲料
This promotion is only applicable to reservations of 6 to 12 persons. 此優惠只適用於6-12人之預訂
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Cantonese Heritage
Reimagined



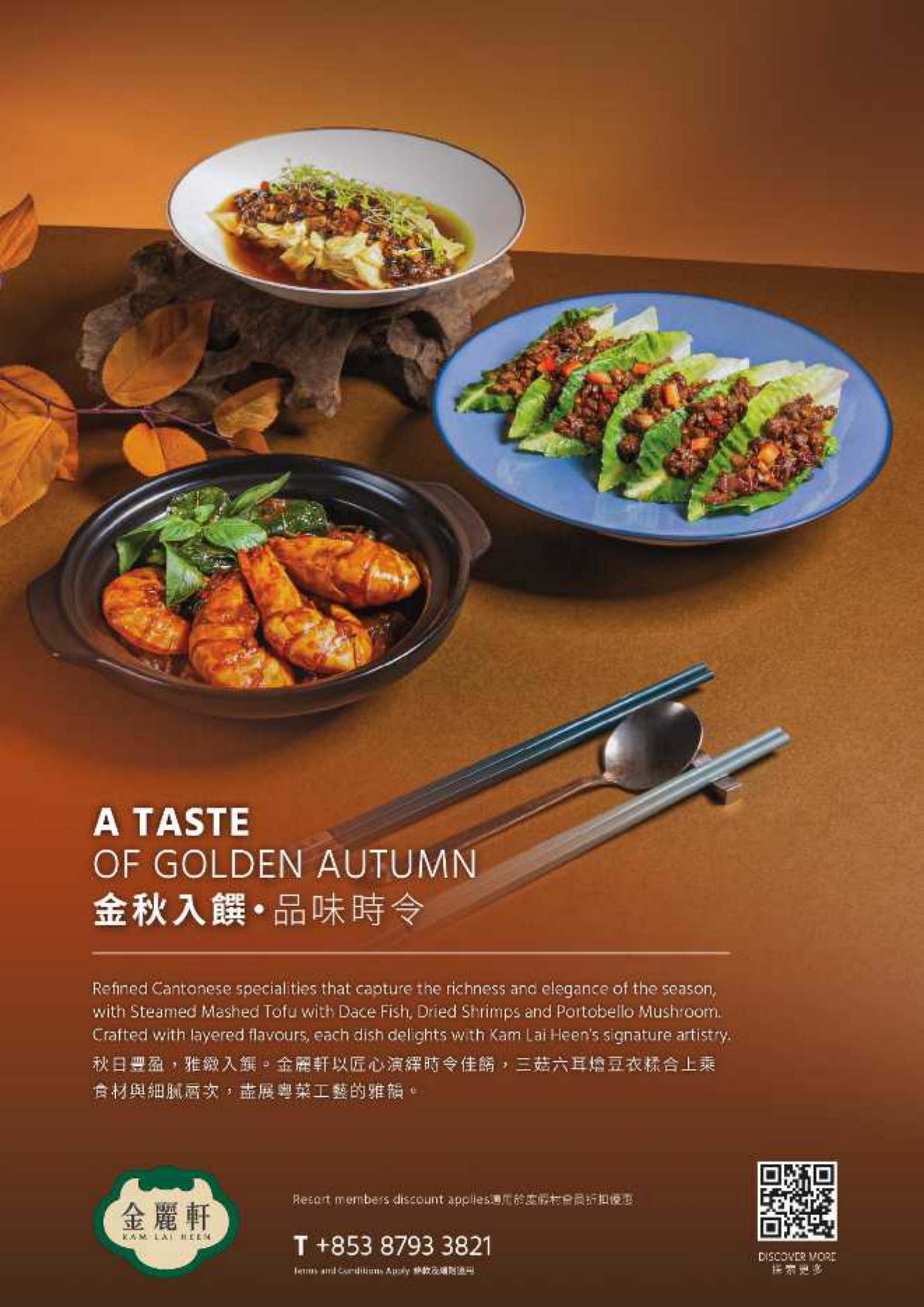
粵派傳承嶄新展現

Tea-Smoked Crispy-fried Chicken
and Caramelised Five Spices Popcorns
茶燻玉米脆皮雞

Resort members discount applies 適用於度假村會員折扣優惠

金麗軒
KAM LAI HEEN

T +853 8793 3821



A TASTE
OF GOLDEN AUTUMN
金秋入饌・品味時令

Refined Cantonese specialities that capture the richness and elegance of the season, with Steamed Mashed Tofu with Dace Fish, Dried Shrimps and Portobello Mushroom. Crafted with layered flavours, each dish delights with Kam Lai Heen's signature artistry.

秋日豐盈，雅緻入饌。金麗軒以匠心演繹時令佳餚，三菇六耳燴豆衣糅合上乘食材與細膩層次，盡展粵菜工藝的雅韻。

金麗軒
KAM LAI HEEN

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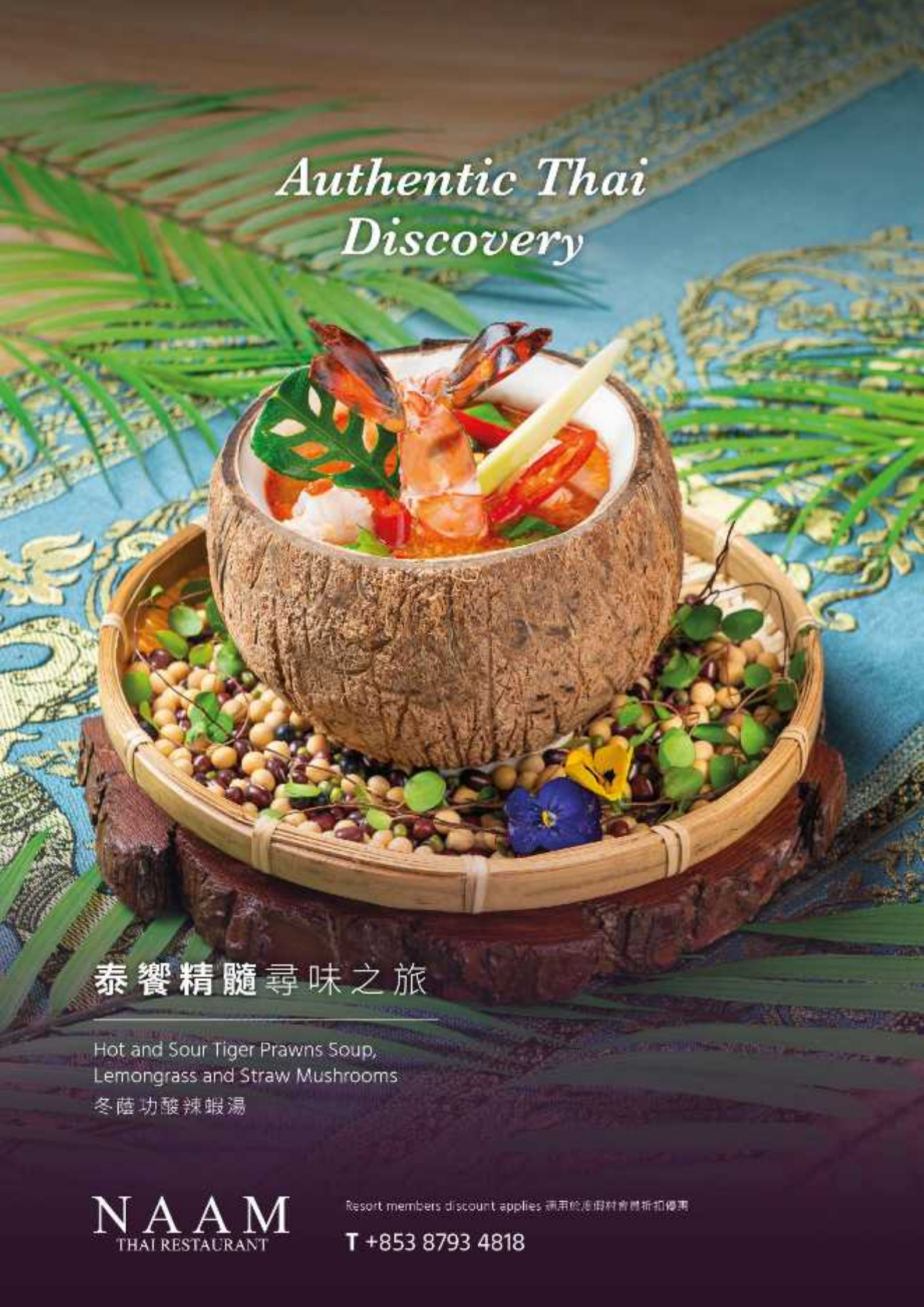


SPECIALTY **DIM SUM**
特色**點心**

Resort members discount appl es 適用於度假村會員折扣優惠

金麗軒
KAM LAI HEEN

T +853 8793 3821


Authentic Thai
Discovery
泰饗精髓尋味之旅
Hot and Sour Tiger Prawns Soup,
Lemongrass and Straw Mushrooms
冬蔭功酸辣蝦湯
NAAM
THAI RESTAURANT
Resort members discount applies 適用於度假村會員折扣優惠
T +853 8793 4818



ANDAMAN BREEZE
A TASTE OF THAI SEAFOOD
安達曼海風・泰鮮饗宴

Bringing the Thailand's southwestern coast to your table in Macau. Eight signature seafood creations, infused with authentic Thai herbs, zesty spice and rich curries.
來自泰國西南海岸的鮮味，8 道招牌海鮮料理，融匯正宗泰式香料、酸辣與濃郁咖喱，
為味蕾帶來清新驚喜。

From MOP 澳門幣 **198+**起

Resort members discount applies 適用於度假村會員折扣優惠

NAAM
THAI RESTAURANT

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Terms and Conditions Apply 條規及細則適用

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Beverage with alcohol strength greater than 0.5% vol 含有多於0.5%酒精濃度的飲品
Person under the age of 18 is prohibited to consume alcoholic beverages 18歲以下人士禁止飲酒
The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. A venda ou o fornecimento de bebidas alcoólicas a menores de 18 anos é proibida. 禁止向未滿十八歲人士銷售或提供酒精飲料



SPECIAL OFFER for two
四道菜
4-Course Menu
★★★★★
MOP 澳門幣 388 nett 淨價
2人優惠禮遇

THAI POWER LUNCH
泰式風味午宴

Discover an authentic Thai set lunch featuring your choice of appetiser, soup, main course, and mango sticky rice dessert. Pair your meal with house-selected white wine, red wine, beer or Thai milk tea and more.
細味地道泰式午間套餐，尊享多種美味搭配！自選前菜、湯、主菜及芒果糯米飯。
搭配餐廳精選白酒、紅酒、啤酒或泰式奶茶等多款飲品。

3-Course Menu 三道菜
MOP 澳門幣 **188+** (per person每位)

4-Course Menu 四道菜
MOP 澳門幣 **218+** (per person每位)

Resort members discount does not apply 不適用於度假村會員折扣優惠

NAAM
THAI RESTAURANT

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Terms and Conditions Apply 條款及細則適用

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Beverage with alcohol strength greater than 1.2% vol 酒精含量超過1.2%以上
Excessive drinking of alcoholic beverages is harmful to health. Consumir bebidas alcoólicas em excesso prejudica a saúde. 飲酒過度有害健康
The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. A venda ou o fornecimento de bebidas alcoólicas a menores de 18 anos é proibida. 禁止向未滿十八歲人士銷售或提供酒精飲料



THAI AFTERNOON BITES AT NAAM
泰饗午後・悠然茶敘

Ease into a leisurely afternoon with a refined selection of Thai-inspired bites that are vibrant and full of character. From slow-cooked beef cheek in flaky pastry to scallop salad with a zesty lift, each bites brings a taste of tradition. Sweet finishes with coconut custard and classic mango sticky rice, complemented by Thai milk tea, refreshing herbal drinks, or house wine. An ideal way to enjoy a relaxing afternoon with authentic Thai flair. Now at NAAM Thai, near the pool and garden.

悠閒的午後，隨著精緻的泰式小點，輕鬆享受一段美好時光，清新而富有層次感。從慢煮牛頰肉到清新口感的扇貝沙律，每道菜都細膩地呈現了泰國傳統的風味。甜品還有椰子忌廉奶凍及經典芒果糯米飯，搭配泰式奶茶、清新草本飲品或餐酒，為您的午後增添一份優雅。享受悠閒午後、品味正宗泰式風情的理想方式。於濱泰國餐廳，池畔花影交錯，臻享午下時光。

MOP 澳門幣 **328+** (for 2 persons 兩位)

NAAM
THAI RESTAURANT

T +853 8793 4818

Terms and Conditions Apply 條款及細則適用

DISCOVER MORE
探索更多

Beverage with alcohol strength greater than 12% vol 酒精濃度為 12% 以上
Excessive drinking of alcoholic beverages is harmful to health. Consuma bebidas alcoólicas em moderação prejudica a saúde. 過量飲酒有害健康
The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. A venda ou disponibilização de bebidas alcoólicas a menores de 18 anos é proibida 禁止向未滿十八歲人士銷售或提供酒精飲料



NAAM THAI FLAVOURS

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Beverages with alcohol strength greater than 1.2% will 超過1.2%以上
Excessive drinking of alcoholic beverages is harmful to health. Consumir bebidas alcohólicas en exceso perjudica a salud. 飲酒過度有害健康
The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. La venta o suministro de bebidas alcohólicas a menores de 18 años está prohibida. 禁止向未滿十八歲人士銷售或提供酒精飲料



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The sale or supply of alcoholic beverages to anyone under the age of 18 is prohibited. É proibida a venda ou fornecimento de bebidas alcoólicas a menores de 18 anos de idade. 禁止向未滿十八歲人士銷售或提供酒精飲品


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